



Nevada Gastroenterology

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Liver Biopsy Preparation

Patient Name _____ Appointment Date _____

- Nevada Gastroenterology Check-in Time _____
 Northern Nevada Medical Center
 Other _____

You have been recommended to have a liver biopsy following these instructions and precautions are very important. If you have any questions, please call our office prior to your procedure so we may take care of any concerns ahead of time.

Special Considerations:

If any of the following applies to you, please let us know well in advance of the examination so that we can provide special instructions:

- You take Coumadin (or any blood thinner)
- You have diabetes

Special Instructions: **Do not take any blood thinners 3-5 days prior to your procedure such as aspirin products. If you are taking blood thinner prescribed by a doctor like Coumadin or Plavix please notify our office. Do not stop taking blood thinners prescribed by your doctor without your doctor's permission.**

The day before your procedure: ___/___/_____

In the morning:

- Go for your lab work (CBC and PT) this is to indicate how thin your blood is
Blood work must be done the day before the procedure

In the evening

- You are to have nothing to eat or drink after midnight

DO NOT take your usual morning medications the day of the procedure (e.g. High Blood Pressure medications, etc.). **If you are diabetic**, wait until after the procedure to take your usual dose of insulin or oral medication. Watch your levels and if needed, you may have small sips of juice to get your levels where they need to be.

You can plan on being at our procedure center for approximately an hour and a half to two hours. If your procedure is scheduled at one of the hospitals, you can plan on a total of four hours. You will not be able to drive a car, operate any machinery, or go back to work until the following day.

If you are coming from out of town or staying at a place other than your main residence, please call our office and leave a number where you can be reached.

Nevada Gastroenterology
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Northern Nevada Medical Center (775) 331-7000